

Children's Books About Pet Loss

When a child loses a pet, it often marks their first encounter with grief. Children may grieve for an extended period, and it can be difficult for parents and caregivers to find ways to support them. The books listed below are excellent tools to initiate conversations about loss and assist children in processing their emotions of grief.



The Goodbye Book

T. Parr

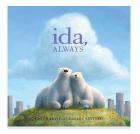
For the youngest readers, this colorful yet simple book guides children through the normal emotions they may experience after saying goodbye.



Daniel Tiger's Neighborhood: Remembering Blue Fish

B. Friedman and J. Fruchter

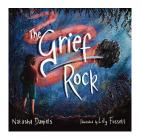
Education about pet loss, delivered with the gentle yet factual approach that made Mr. Rogers beloved.



Ida, Always

C. Levis and C. Santoso

Inspired by a pair of real-life companion bears, this beautifully illustrated book explores grief from the perspective of Ida's best friend, who suddenly finds themselves adjusting to her absence after her death.



The Grief Rock

N. Daniels

Older children will appreciate this thoughtful depiction of the weight their grief, as well as the emotional ebb and flow of their healing process.



P.S. I Love You More Than Tuna

S. Chauncey

A book for children who have loved and lost a feline friend, *P.S. I Love You More Than Tuna* reflects on the gratitude that our cats hold for their humans.







The Invisible Leash

P. Karst and J. Lew-Vriethoff

From the authors of *The Invisible String*, this book celebrates the forever-bond between children and their pets. While the idea of a "great beyond" in which our pets watch over us is explored, it does not contain specific religious ideology.



I Miss You Every Day: A Children's Book About Pet Loss

E. Larson

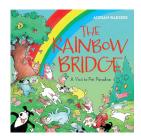
This book offers a glimpse into how emotions evolve, and grief diminishes over time for a young girl who experienced the euthanasia of her dog, Max.



I'll Always Love You

H. Wilhelm

Addressing the aging process in our animal companions, *I'll Always Love You* is perfect for younger children who are dealing with the death of a pet after a long and well-lived life.



The Rainbow Bridge: A Visit to Pet Paradise

A. Raeside

After his dog's death, a boy discovers a utopia where pets await to reunite with their humans. His comical journey offers a light-hearted approach to healing.



My Forever Friend: A Children's Guide and Activity Kit

Dr. M. Gardner and C. Ellis

This guide provides children with the opportunity to learn about grief and loss through activities including mazes, word searches, craft suggestions, and more. It includes space for children to draw and write about their pet, allowing them to reflect on their thoughts and feelings long after their pet has passed away.



